



The Official Publication of the
Gold Coast Chapter CAIS
California District - Region F
Gold Wing Road Riders Association



January 2012

Assistant Chapter
Director's
Antidotes

By: Ken Thomas



We had a blast at our annual Christmas party. Who ever brought the hefty woman present last year was up to their mischief again this year. Jim Norris ended up with her this time and it was interesting watching his reaction, he didn't know whether to run with it or to hide her. There are so many interesting characters in GWRRA, there's always a surprise around the next corner. Larry Meyers lead our last ride of the tear on December 31, 2011. We were joined by Nadine, Dave, Walter, Ken, Stew and Beth from chapter K. Those people are so nice, its more fun when they are along with us. Jo is in the hospital in Hamburg, Germany with some sort of ear problem. The doctor says he can't work or fly for awhile. Let's hope he is back with us soon. Jo and I plan to be going to Bakersfield the 21st of January to represent the chapter. Jo is an excellent director and we always have fun riding together.

"Until next time, see you soon"

Kenny

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One of many great Christmas Gifts at our Yolanda's Holiday party

Chapter CA1S new mascot "Sealya"



CA1S Ride Meeting Locations by Number:

- #1 Fillmore McDonald's on Hwy 126 in Fillmore.
- #2 Simi Valley McDonald's on Yosemite Ave. north of 118 Fwy.
- #3 Thousand Oaks Park & Ride at Rancho Rd. south of 101 Fwy.
- #4 Camarillo McDonald's north of 101 Fwy. at Santa Rosa & Verdugo.
- #5 Oxnard McDonald's at Hwy #1 & Statham Blvd.
- #6 Ventura McDonald's on Harbor Blvd. off Seaward Ave.
- #7 Carpinteria IHOP, Casitas Pass Rd. off ramp.

**Chapter CA1S Meeting Location
Carrow's Restaurant
2401 E. Harbor Blvd., Ventura**



Directions

From north of Ventura:

South Bound on 101 Fwy. take Seaward Ave. off ramp. Turn left at stoplight onto E. Harbor Blvd. And continue through the next stop sign at the intersection of Seaward and Harbor Blvd. Go past the Gas station and Carrows is on the right.

From south of Ventura:

North Bound on 101 Fwy. take Seaward Ave. off ramp. Turn left at stoplight continue to E. Harbor Blvd. and turn left. Go past the Gas station and Carrows is on the right.



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Jim Woods

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email: simivalleyhonda@gmail.com

Congratulations to:

Ken & Jane our new COY (couple of the year) for 2012

And

Jim Norris our IOY (individual of the year) for 2012

Newsletter Advertising Rates

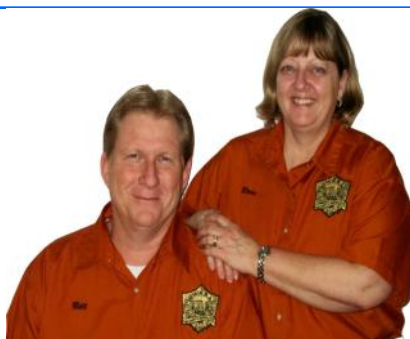
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Full Page 4.5"x7"	\$25.00	\$60.00	\$200.00

Rates are based on camera ready artwork. Payment, in advance, by check payable to GWRRA CA1S, delivered to Newsletter Editor, Larry Meyers at 3631 Pier Walk, Oxnard, CA 93035 is required. New artwork must be received by month end for the following month. Chapter Member adds at no charge.

The CA1S newsletter is distributed at no charge to GWRRA members who regularly attend chapter functions, our advertisers, and interested supporters. Our goal is to publish the week before the chapter meeting, which is normally the third Saturday of the month. Newsletters will be distributed at the monthly meeting and copies will be mailed to regular attendees not in attendance. The newsletter will be available in PDF format on the Chapter web site prior to each meeting. Contributions for this Newsletter are gratefully accepted, and should reach the editor **no later than the first day of each month**. Text only files via e-mail are preferred. Intellectual property rights and responsibility for accuracy of published material remain with the author.

District Director's Review

By: Bill & Rene Johnson, California District Director



Greetings fellow Winger's, While trying to decide what to share in my article this month, up popped an e-mail from the home office discussing the revamped "Find-A-Friend" program. For those of you that may not be familiar with it, the following are the details of what they are offering.

For every five new memberships you recruit (households), you will receive a gift certificate with the equivalent value of a Family Membership - \$55.

You must recruit new memberships only, not renewals. Each membership (household) counts as "ONE" regardless of the number of family members in the membership. (They will however, count under the Find-A-Friend pin and T-shirt program.)

Gift certificates are non-transferable and will have a one year expiration date.

There is no maximum number of gift certificates that can be earned.

Free years are issued and redeemed in the form of a gift certificate that is sent by the Home Office.

Upon achieving the count of five new memberships (households), Members have the "option" to redeem gift certificates(s) for:

- ✦ GWRRR Membership Renewal
- ✦ GWRRR Official Merchandise
- ✦ Wing Ding Registration
- ✦ Chapter Charter Fees

Memberships recruited during special events (mall shows, rallies, motorcycle shows,

etc.) qualify for this program.

Life Members may use the gift certificates for GWRRR Official Merchandise, Wing Ding Registration or Charter Fees.

Free year's membership may be applied toward consecutive years necessary for Life membership.

Trial membership applications may be used for the recruiting efforts. Membership fees must be paid to qualify for this Find-A-Friend program.

So what are you waiting for, this is a great time to get out there and help our chapters grow. I just can't imagine what the world would be like without GWRRR.

Until we meet again, "Hang on - we're going for a ride".

Bill & Rene Johnson

CA1S Sunshine Report January 2012



Birthdays:

- Dale VanDellen Jan 3
- Steven Brightly Jan 11
- Jim Flickinger Jan 17
- Evelyn Gibson..... Jan 24

Anniversaries:

- Richard & Barbara Sager ... Jan 16

If your birthday or anniversary got overlooked it was not intentional, we simply didn't have the information. Drop us a line to be included on the list.

moynagh@roadrunner.com

Rider Education

By Jim Norris

Hi Everyone.
The New Year is here again!
Amazing isn't it?
Makes me stop and think of all that has happened last year.



A large part of 2011 for me is thinking back about GWRRA and the motorcycle experiences we have shared together. Cold morning tire checks, early morning rides to chapter meetings, breakfast, friends, group rides, lunch, evening gathering, dinner, and more. Just the thought of it brings back smiles and sensations.

Remembering the year gone-by is a good thing. Revisiting our motorcycle learning experiences and safety concerns is a good thing too. As motorcycle education and safety are the primary topics of this article, I would like to share a recent experience that relates to learning by remembering.

I drive to work more than I ride my motorcycle, and I think more about motorcycle safety while I'm in my car or truck than I do riding my bike. I imagine my driving skills. How does the car handle the curve? How would I handle the curve on the Gold Wing? When I stop for gas I realize the outside air is cold and windy, and I think about the motorcycle riding gear that I should be wearing if I were riding my bike. Instinctively, I walk around the car while the gas is pumping checking the tires for indications of low air pressure or hidden nails in the tread. It just happens, and I think it's a good thing!

Despite my good intentions and safety related commuter thoughts, I had an explosive blowout of the front right tire on my F-350 while driving to work last November. I was traveling East



Bound on Hwy 126 just past Lake Piru. I had the cruise control set at 62 MPH, and it was pitch black outside at 5:00 a.m. The blowout damaged the rear fender

well and broke the passenger entry step rail with the flapping steel-belted tread. The tire noise shocked me as I slowed down lightly tapping the brakes. Safely stopped on the shoulder of a straight section of road, I sat quietly thinking about my demise not wanting to get out yet to see the damage. I remembered; *I had previously seen the front right tire wear thinking it was caused by occasional low air pressure and four wheel drive scrubbing on tight turns. The truck had been pulling to the right just a little, but there was still lots of usable tread. The tire had only been on the truck for 20,000 miles. Not long for a 60,000 mile rated tire. Recently, I had seen a long small separation between the treads on one side of the tire when the truck was parked at work, but it looked like more of a small crack in the rubber really!* Thinking that I should have the tire checked out or replaced before it got any worse, but assuring myself that I always "over think" things and it would be okay! Suddenly, I woke up from my reminiscing knowing that I could call AAA or use the moment to change the flat myself. I was in a safe enough area, flashers blinking, emergency brake on. Somehow I felt that changing the tire myself in the cold windy morning air would permanently imprint the experience into my brain. So, I started getting out the gear. Have you ever changed a tire on an F-350 4X4 Crew Cab Long Bed Dually with freezing cold hands, no gloves, no hat, and occasional semi-trucks speeding by blasting cold air and road grit on you? It's an experience, let me tell you. All went well, but I learned a few things like keeping a pair of leather work gloves by the jack! Thirty minutes later I was safely back on the road with a whole

(Rider ED, Continued on page 5)

(Rider ED, Continued from page 4)

new experience to recount as the year closed to an end.

As I thought about what to write in this article, I realized I had seen the tire issue well before the blowout occurred, but my mind had blocked the urgency of the situation. I knew better from a technical standpoint, but I guess I thought I was in control somehow. I thought I could gage the problem well enough to be safe! I thought it was more of an inconvenience. Something I had time to worry about and pay for later! Boy, was I wrong! On the positive side, I'm glad the blowout didn't occur on my Gold Wing !!!

Remembering experiences, stories, situations, etc. is a great way to recount the year, and it is a great way to relearn "driver safety and motoring responsibilities." Now, as I drive to work, I try to mentally fine tune the difference between ordinary driving events and potentially urgent situations. I'm glad I had a second chance to make a good New Year's Resolution and actually improve old habits. I guess what I'm saying is, "accidents happen, but they almost always give us warnings if we choose to listen!"

Thinking back about your 2011 experiences, take a moment to reflect on your riding techniques, skills, and assumptions! Share your motorcycle stories and GWRRA participation with others. They will appreciate your openness and probably share their own experiences with you and others. So, what was your New Year's Resolution?

Jim Norris

Chapter Educator (CE)

GWRRA - CA15 Ventura

email: h20skier555@yahoo.com

(h "twenty" skier555)

<http://www.ca15.org/>

"Don't Learn Safety By Accident!" *

Group Riding Emergency Procedures

By: *Jim Moynagh*



Note: *These Group Riding articles are based on the*

teaching outline for use in the GWRRA-Region F's Rider Education Team/Group Riding Seminar. It is best that each of you take advantage of the seminars provided at Rallies and Wing Ding. But, that is not possible for all of our members. Therefore, these articles are included in our CA15 Newsletter.

Emergency situations fall into two categories. The first category is non-injury situations, which usually result from mechanical or medical issues. The second category is an injury situation, which is the one we hope never happens. Each of these situations is handled in different ways. The response of the other members riding in the group needs to be different in these two situations. The similarity between the two types of situations is the Front Door and Back Door remain in charge of the group and the other group members, riders and co-riders, follow their instructions.

Non-Injury Situations:

These situations result from either mechanical or medical issues. By medical issues I am talking about non-injury medical conditions. The rider with one of these problems, when possible, should notify the Front and Back Doors of the problem by using the CB radio. This is not always possible. The group member with the problem may not have a CB, the CB may not work or there may not be

(Group Riding, Continued on page 8)



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Ride Angel's Forecast

By: Jackie Meyers



Happy New Year 2012

January 26th - Ride-In or drive to dinner at Ventura's **Chicago's Ribs & More** located on Main at Fir Street. 6:30 PM

January Meeting moved to the 28th

An annual officer's meeting in Bakersfield necessitates moving our meeting to the fourth Saturday this month. Breakfast at Carrow's Ventura 8AM Meeting 9AM. After meeting ride to **Murphy Auto Museum** \$9.00 admission.

February 11th - CA1I Valentine Ride

Meet 8AM at McDonald's on Santa Rosa Rd in Camarillo for ride to Bert's Mega Mall. (see Flyer at http://www.gwrra-ca.org/documents/rallys/CA1I_rally_2012.pdf)

February 18th Meeting - Carrow's in Ventura Breakfast at 8AM, Meeting at 9AM After meeting ride TBD.

February 23rd - Ride-In or drive to dinner at **Pickles** in Newbury Park on Newbury Road in the Kohl's shopping center 6:30 PM

March 17th - Meeting - Carrow's in Ventura Breakfast at 8AM, Meeting at 9AM After meeting ride TBD.

March 23rd-25th - CA1R Rally in the Valley Convention. Palace Station, Las Vegas (flyer : http://www.gwrra-ca.org/documents/rallys/CA1R_rally_2012.pdf)

Skill Practice — Parking Lot Practice

Temporarily Suspended -

If you are aware of another location we might be able to secure please contact Jim Norris at h20skier555@yahoo.com

March 29th - Ride-In or drive to dinner at **La Cabana** in Santa Paula 1259 E. Harvard Blvd. at 6:30 PM

April 14th - CA1L Convention TBA

April 21st Meeting - Carrow's in Ventura Breakfast at 8AM, Meeting at 9AM After meeting ride TBD.

April 21st - CA1K Convention TBA

April 22nd - CA 1A Convention TBA

April 26th - Ride In Dinner TBA

April 29th - CA1Q Convention, Rendezvous with Q starts at JBJ Cycles and ends at Wing Stuff in Lake Forest. Flyer: http://www.gwrra-ca.org/documents/rallys/CA1Q_rally_2012.pdf

Jackie

CA1S Meeting Statistics For December 3, 2011

There was no meeting in December but hopefully you were at the party because we all had a lot of fun and laughs. 23 members attended.

(Group Riding, Continued from page 5)

enough time available.

In any case the rider with the problem should move out of the group to a safe location. The Back Door will stop and stay with the disabled rider. The Front Door leads the other members of the group to a safe location further down the road. The ideal situation will allow the Front and Back Door to communicate through the use of CB radios.

If the problem can be corrected the rider and the Back Door will rejoin the group and the group ride will continue. When this is not possible the group will resolve the situation in the best possible way.

Injury Situation:

This situation is the one described with *the worst four words you will ever hear*. They are **Bike Down - Bike Down**. Down is used in only one context, which is when a bike goes down when in use. When a bike is stopped on the right side of the road for any other reason don't describe it as being broken DOWN. When a bike is DOWN we have an emergency and we don't want to confuse the situation. We assume there are probably injuries when a bike goes DOWN. This requires quick and decisive action that should not be started when there is only a mechanical or equipment problem.

When there is a **Bike Down** emergency we need to know what to do and what **NOT** to do. All members of the group should find a safe place to stop and then wait for further instructions. The Front and Back Door will manage the situation. The Back Door will assess the situation and the Front Door will dispatch help as needed. Everyone needs to **stay off** his or her **CB** and wait for instructions.

There are several things to be considered

which include:

What First Aid and or CPR need to be provided?

Who in the group can best provide these services?

What are the traffic hazards at the location and how to safely control the traffic moving in both directions?

What is the best way to summons help?
CB Radio

Cell Phone

Road side emergency phone or

Send someone to another location to call for assistance.

What towing coverage does the bike owner have?

Do the rider and/or co-rider have an Emergency Information form on the bike?

Everyone must allow the Front and Back Door to manage the situation. The last thing that is needed at a **Bike Down location** is a bunch of people running around interfering with each other and jeopardizing the safety of the rider and/or co-rider. Don't go back to help unless explicitly instructed to do so by the Front Door.

Remember to stay calm, stay organized, and await assessment and further instruction. ■

Be alert and ride safe!

Jim



This Month's Ride



January's after meeting ride will be to the non-profit Murphy Auto Museum with a new collection of over 40 cars displayed by many collectors from the tri-county area. It houses a wide variety of classic, milestone and special interest vehicles, including a collection of Packards from 1941-1956.

(article from www.murpheyautomuseum.org)

Many great cars have been tucked away in garages throughout the area. These cars seldom see the light of day and are, therefore, infrequently seen by admirers. When Dan Murphy retired from his neurosurgery practice in Ventura, he set about to form a non-profit museum that would be frequently open to the public and house many of these great cars. Collectors were notified by word-of-mouth and extensive advertising until a significant group of vehicles was assembled. Several locations were considered until the Palma Drive property was found. The building was new construction in a secure neighborhood with sufficient space to hold a large collection. The museum opened on August 2, 2002. That property proved to be a

wonderful place to launch the museum but was deficient in two important areas - visibility and cost.

The location at 2230 Statham Blvd. in Oxnard is easily found and spacious. We have 16000 sq. ft., including an "old car showroom" area in front. Because of the assistance of Holley Gene Leffler, the museum now has an extensive vintage clothing display representing all decades from the 1890s to the 1970s.

The [Gold Coast Modular Railroad Club](#) has its model railroad train layout in operation most weekends in the museum. With the exception when it travels to the annual Ventura County Fair at the Hobbies and Collections building.

The museum auto collection continues to vary as we add new collectors to our family of supporters.

The museum is open every Saturday and Sunday from 10 am- 4 pm to serve locals and tourists. Admission is free; donations are accepted (\$9 adults; \$5 for children 12 yrs and under).



Humor on a Honda

The Lord and the Gold Winger

A Winger was riding along a California beach when suddenly the sky clouded above his head and, in a booming voice, the Lord said, "Because you have tried to be faithful to me in all ways, I will grant you one wish."

The biker pulled over and said, "Build a bridge to Hawaii so I can ride over anytime I want."

The Lord said, "Your request is materialistic, think of the enormous challenges for that kind of undertaking. The supports required to reach the bottom of the Pacific! The concrete and steel it would take! It will nearly exhaust several natural resources. I can do it, but it is hard for me to justify your desire for worldly things."

Take a little more time and think of something that would honor and glorify me."

The biker thought about it for a long time. Finally he said, "Lord, I wish that I could understand my wife. I want to know how she feels inside, what she's thinking when she gives me the silent treatment, why she cries, what she means when she says nothing's wrong, and how I can make a woman truly happy."

The Lord replied,

"Do you want two lanes or four on that bridge?"

CA Chapter Meeting Times & Locations 1-01-2012

Meeting date/time	Chapter	Chapter Director	Meeting Location
1st Sat 9:15 AM 8:30 AM Breakfast	CA1A	Garrett Bowers 661-435-6526	Greenhouse Café 1169 Commerce Ctr. Dr., Lancaster
1st Sat 9:00 AM 8:00 AM Breakfast	CA2A	Sherry & Danny Rohoten 559-542-0103	Nielson's Restaurant 137 South M Street, Tulare
1st Sat 9:00 AM 8:00 AM Breakfast	CA1Z	John & Linda Boman 951-440-0657	Home Town Buffet, 40390 Margarita Rd., Temecula
1st Sat 9:00 AM 8:00 AM Breakfast	CA2W	Jim & Caren Moody 559-974-9193	Yosemite Falls Café 4020 N. Cedar Ave., Fresno
Chapter Disbanded	CA1Y		Last meeting in November due to loss of active members
1st Sun 8:30 AM 8:00 AM Breakfast	CA1I	Gary & Denece Newman 909-949-9832	Covina Bowl 1060 W. San Bernadino Rd, Covina
1st Sun 8:00 AM 7:00 AM Breakfast	CA1R	Cathy & George Diaz 949-551-4896	Roosers Grill in Travelland 6441 Burt Rd., #55, Irvine
2nd Sat 8:30 AM 8:00 AM Breakfast	CA1F	Dana & Carol Rowley 619-921-5419	Broken Yolk Cafe, 1851 Garnet Ave., San Diego (Pacific Beach)
2nd Sat 8:30 AM 8:00 AM Breakfast	CA1L	Kevin Herrera 805-704-6829	IHOP Restaurant 212 Madonna Rd., San Luis Obispo
2nd Sat 8:30 AM 8:00 AM Breakfast	CA2J	Alex & Marcy Ageev 925-497-4480	Hometown Buffet 2050 Diamond Blvd., Concord
2nd Sat 9:00 AM 8:00 AM Breakfast	CA2N	Lee Spencer & Barbara Smith 209-996-4664	Pine Tree Restaurant & Lounge 19601 Hess Ave., Sonora (Just off Hwy 108)
2nd Sun 8:00 AM 7:30 AM Breakfast	CA1Q	Pat & Ellen O'Donnell 714-525-3993	Hof's Hut Restaurant, 7005 Knott Ave., Buena Park
2nd Sun 9:00 AM 8:00 AM Breakfast	CA1M	Steve & Sandy Damico 909-391-4021	Food Connection 1750 Hamner Ave., Norco, CA
3rd Sat 9:00 AM 8:00 AM Breakfast	CA1C	Sherman & Dorie Jared 760-989-7138	Burgers Time 78365 Vamer Rd., Palm Desert
3rd Sat 8:30 AM 8:00 AM Breakfast	CA2Q	Steve & Jacque Foster 925-829-3747	Coco's Restaurant 7505 Dublin Blvd., Dublin
3rd Sat 8:30 AM 7:30 AM Breakfast	CA1N	Len & Carolyn Foley 760-476-9450	Gramma BB's Café Pie Shoppe 539 Vista Bella, Oceanside
3rd Sat 9:00 AM 8:00 AM Breakfast	CA1S	Jo Jolitz 805-216-6661	Carrow's Restaurant 2401 Harbor Blvd., Ventura
3rd Sat 8:45 AM 8:00 AM Breakfast	CA2S	Robert Neitro 408-934-0408	HomeTown Buffet 212 Ranch Dr., Milpitas
3rd Sun 8:30 AM 7:30 AM Breakfast	CA-C	Rick & Marilyn Kaspar 916-775-1331	Maloney's Grill, Bing Maloney Golf Course 6801 Freeport Blvd., Sacramento
3rd Sun 8:00 AM 7:30 AM Breakfast	CA1E	Geneva Foster 626-862-0056	Home Town Buffet 10910 Foothill Blvd., Rancho Cucamonga
3rd Sun 8:00 AM 7:30 AM Breakfast	CA1V	John & Lynda Baker 760-949-2186	Maxwell's 17772 Wika Rd, Apple Valley, CA
Last Sat 9:00 AM 8:00 AM Breakfast	CA1K	Nadine Galli 818-398-0763	HomeTown Buffet 6705 Fallbrook Ave., Canoga Park
4th Sun 8:30 AM 8:00 AM Breakfast	CA1D	Tim McShane 562-920-6564	Paramount Elks Lodge 8108 E. Alondra Blvd, Paramount
4th Sun 8:30 AM 8:00 AM Breakfast	CA2K	Nick & Kim O'Dell 707-643-4279	Jack & Linda's Country Cafe 2390 N. Texas St., Fairfield

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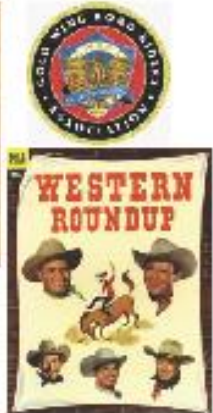
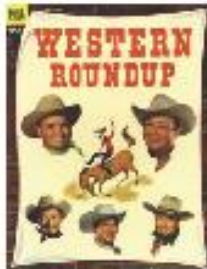
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GWRRR California District Convention
August 31st and September 1, 2. 2012
"The Village Lodge" at Mammoth Lakes, Ca.

Stay at The Village Lodge. Rooms range from studio to 3-bedroom condos, all with the plush services of a premier hotel. With a phenomenal central location in the heart of The Village at Mammoth, guests get the action of town with mountain access (via shuttle buses). But that's only if you leave the hotel - guests enjoy a heated pool, hot tubs, fitness centers, a media room and an arcade. Opening & closing ceremonies over looking the summery slopes of Mammoth. All for one low price ~ not just an event ~ it's a vacation ~ GWRRR rates available August 27th through September 3rd!

Reservations: Call (800) MAMMOTH, to make your reservations today! Promotion code GWRRR Fall Rally.

District Game Results ~ Bike Show ~ Binge
 ~ Chapter Games ~ Bike Skills games ~
 ~ Daily 50/25/25 ~ Door Prizes ~
 ~ Best Dressed Competitions ~
 ~ Ice-Cream social ~
 Vendors ~ Shopping ~ Vendors
 Come join us for a new kind of adventure!

Please come dressed as
 your favorite Western Hero



Rides ~ Education ~ Rides
 Couple & Individual of the Year Competition
 ARC & IRC classes will be offered
 ~\$1000 Cash Grand Prize ~ Beautiful Scenery~
 ~ Master's Luncheon ~
 What better place to share the love of riding!
ALL FOR YOUR RIDING PLEASURE!

Registration Fees (onsite \$5.00 more—\$35)
GWRRR Members (Discounted until 7-1-12)
 GWRRR Members—after 7-1-12
 Non Members
 Pre-Registration Tickets until 8-10-12
\$1000 Grand Prize (\$1.00 each at rally)
 50/25/25—Strips of 10
 50/2525—Strips of 100
 Master's Luncheon
 Masters # _____ # _____
 Rally T-shirts short sleeve
 S _____ M _____ L _____ XL _____
 2XL _____ 3XL _____
 Rally T-shirts Long sleeve
 S _____ M _____ L _____ XL _____
 2 XL _____ 3XL _____
 T-shirts available by pre-order - ONLY
GRAND TOTAL ENCLOSED

Cost	Qty	Total
\$25	_____	\$ _____
\$30	_____	\$ _____
\$35	_____	\$ _____
Cost	Qty	
2 for \$1	_____	\$ _____
\$5 x	_____	\$ _____
\$30 x	_____	\$ _____
\$25 x	_____	\$ _____
\$18 x	_____	\$ _____
\$20 x	_____	\$ _____
\$20 x	_____	\$ _____
\$22 x	_____	\$ _____
<u>GRAND TOTAL ENCLOSED</u>		\$ _____

All pre-registrations must be
 received by August 10th
 Discounted Registration must
 be received by July 1st, no exceptions!
 Make Checks payable to GWRRR-CA

Mail completed forms to:
 Donna Kougel
 2923 Eucalyptus Ct.
 Fairfield, CA 94533

For further information
 Contact: Bill or Rene Johnson
 Email: Bill.johnson.GWRRR@gmail.com
 or call us at: (707) 429-2920
\$15.00 fee on all refunds
No refunds after August 10th
 For up to the minute information go to:
www.gwrrr-ca.org

Rider _____ GWRRR# _____ Phone _____

Co-Rider _____ GWRRR # _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____ Email _____ Chapter _____

The undersigned, agree to comply with the ideals governing this event to hold harmless the GWRRR, co-sponsoring organizations and property owners for any loss or injury to self or property in which I/we may become involved, and I/we agree to assume responsibility for any property which I/we knowingly damage.

Riders Signature _____ Co-Riders Signature _____

All bikes welcome!

Where to Go During an Earthquake

Remember that stuff about hiding under a table or standing in a doorway? Well, forget it! This is a real eye opener. It could save your life someday.

EXTRACT FROM DOUG COPP'S ARTICLE ON 'THE TRIANGLE OF LIFE'

My name is Doug Copp. I am the Rescue Chief and Disaster Manager of the American Rescue Team International (ARTI), the world's most experienced rescue team. The information in this article will save lives in an earthquake. I have crawled inside 875 collapsed buildings, worked with rescue teams from 60 countries, founded rescue teams in several countries, and I am a member of many rescue teams from many countries. I was the United Nations expert in Disaster Mitigation for two years, and have worked at every major disaster in the world since 1985, except for simultaneous disasters.

The first building I ever crawled inside of was a school in Mexico City during the 1985 earthquake. Every child was under its desk. Every child was crushed to the thickness of their bones. They could have survived by lying down next to their desks in the aisles. It was obscene -- unnecessary.

Simply stated, when buildings collapse, the weight of the ceilings falling upon the objects or furniture inside crushes these objects, leaving a space or void next to them - NOT under them. This space is what I call the 'triangle of life'. The larger the object, the stronger, the less it will compact. The less the object compacts, the larger the void, the greater the probability that the person who is using this void for safety will not be injured. The next time you watch collapsed buildings, on television, count the 'triangles' you see formed. They

are everywhere. It is the most common shape, you will see, in a collapsed building.

TIPS FOR EARTHQUAKE SAFETY

- 1) Most everyone who simply 'ducks and covers' when building collapse are crushed to death. People who get under objects, like desks or cars, are crushed.
- 2) Cats, dogs and babies often naturally curl up in the fetal position. You should too in an earthquake. It is a natural safety/survival instinct. You can survive in a smaller void. Get next to an object, next to a sofa, next to a bed, next to a large bulky object that will compress slightly but leave a void next to it.
- 3) Wooden buildings are the safest type of construction to be in during an earthquake. Wood is flexible and moves with the force of the earthquake. If the wooden building does collapse, large survival voids are created. Also, the wooden building has less concentrated, crushing weight. Brick buildings will break into individual bricks. Bricks will cause many injuries but less squashed bodies than concrete slabs.
- 4) If you are in bed during the night and an earthquake occurs, simply roll off the bed. A safe void will exist around the bed. Hotels can achieve a much greater survival rate in earthquakes, simply by posting a sign on the back of the door of every room telling occupants to lie down on the floor, next to the bottom of the bed during an earthquake.
- 5) If an earthquake happens and you cannot easily escape by getting out the door or window, then lie down and curl up in the fetal position next to a sofa, or large chair.
- 6) Most everyone who gets under a doorway when buildings collapse is killed. How? If you stand under a doorway and the doorjamb falls forward or backward you will be crushed by the ceiling above. If the door jamb falls sideways you will be cut in half by the doorway. In either case, you will be killed!

(*Earthquake, Continued from page 12*)

7) Never go to the stairs. The stairs have a different 'moment of frequency' (they swing separately from the main part of the building). The stairs and remainder of the building continuously bump into each other until structural failure of the stairs takes place. The people who get on stairs before they fail are chopped up by the stair treads - horribly mutilated. Even if the building doesn't collapse, stay away from the stairs. The stairs are a likely part of the building to be damaged. Even if the stairs are not collapsed by the earthquake, they may collapse later when overloaded by fleeing people. They should always be checked for safety, even when the rest of the building is not damaged.

8) Get near the outer walls of buildings or outside of them if possible - It is much better to be near the outside of the building rather than the interior. The farther inside you are from the outside perimeter of the building the greater the probability that your escape route will be blocked.

9) People inside of their vehicles are crushed when the road above falls in an earthquake and crushes their vehicles; which is exactly what happened with the slabs between the decks of the Nimitz Freeway. The victims of the San Francisco earthquake all stayed inside of their vehicles. They were all killed. They could have easily survived by getting out and sitting or lying next to their vehicles. Everyone killed would have survived if they had been able to get out of their cars and sit or lie next to them. All the crushed cars had voids 3 feet high next to them, except for the cars that had columns fall directly across them.

10) I discovered, while crawling inside of collapsed newspaper offices and other offices with a lot of paper, that paper does not compact. Large voids are found surrounding stacks of paper.

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Editor's Notes

By: Larry Meyers



Happy New Year! As we welcome 2012 and say goodbye to 2011 we remembered the great times we had and the great possibilities yet to come. We had perfect weather on our "Last Ride of the Year" but the fog moved in on the beach. A fun time visiting with others was a wonderful way to spend the last day and ride of the year. We will have another great day on our first ride of the year as we visit the Murphy Auto Museum after our meeting on the 28th of January (see article on page 9) This month I have also included a general safety article on Earthquakes because I want everyone of you to have the best possible chance of survival so we can continue to visit and ride with one another.

Jo was not able to make it to the last ride and is now restricted in his travels with a middle ear infection while he recuperates in Germany. At least he got stuck in his home country instead of one of the many far reaches he travels to in his work. We wish him a speedy recovery and a safe trip back to California soon.

Plan early for the California District Convention and mark you calendars. (see page 11) ■

Ride Safe, and Have Fun"

Larry

GWRRRA Membership Application

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January 2012						
SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
1 New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 	17	18	19	20	21 Officer's Meeting in Bakersfield Regular Chapter Meeting Moved to Next Week
22	23	24	25	26 Ride-In Dinner 6:30PM Chicago's Ribbs Ventura	27	28 CA1S Breakfast Gathering 8:00 AM Carrow's 2401 Harbor Blvd., Ventura. After Meeting ride led by Frank to Murphy Auto Museum
29	30	31				

February 2012						
SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
			1	2 	3	4
5	6	7	8	9	10	11 CA1I Valentine Run Meet at Location #4 8:00AM for ride to Covina, CA
12	13	14 Valentine's Day 	15	16	17	18 CA1S Breakfast Gathering 8:00 AM Carrow's 2401 Harbor Blvd., Ventura. After Meeting ride led by
19	20  Presidents' Day	21	22	23 Ride-In Dinner 6:30PM Pickles Newbury Park	24	25
26	27	28	29 Leap Year			

Gold Wing Road Riders Association

Region F - California District

The Gold Coast Chapter CA1S



January

2012

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Our Breakfast Gatherings are usually held on the 3rd. Saturday at

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(Just South of Seaward Ave. See map on page 3.)

Our Next Two Breakfast Meetings and Rides will be January 28, 2012 & February 18th, 2012

Breakfast at 8:00 AM and Meeting starts at 9:00 AM Visit us on the web at: www.ca1s.org

GWRRA—CA1S

Jo Jolitz, Chapter Director
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